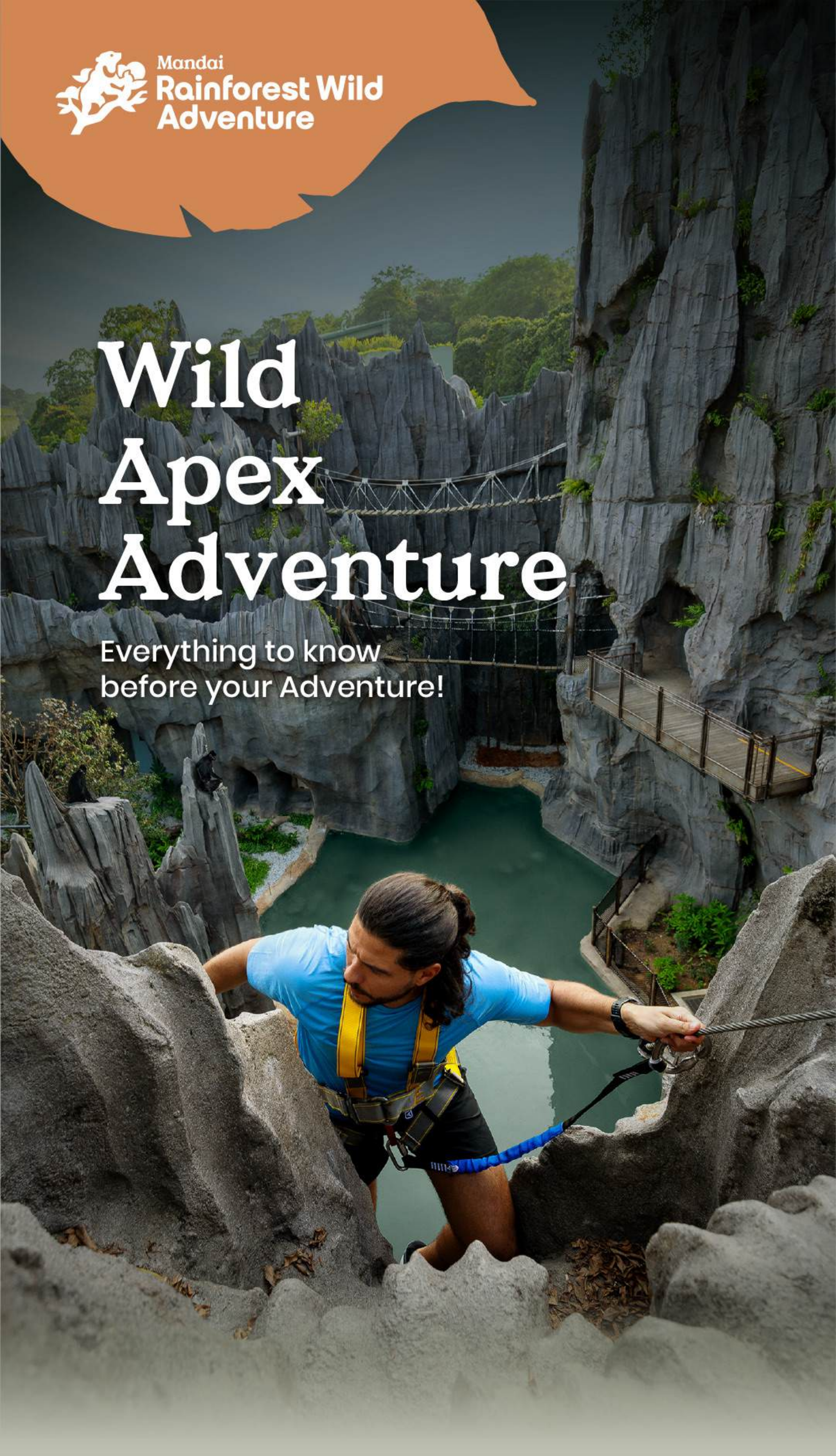


Mandai
Rainforest Wild
Adventure

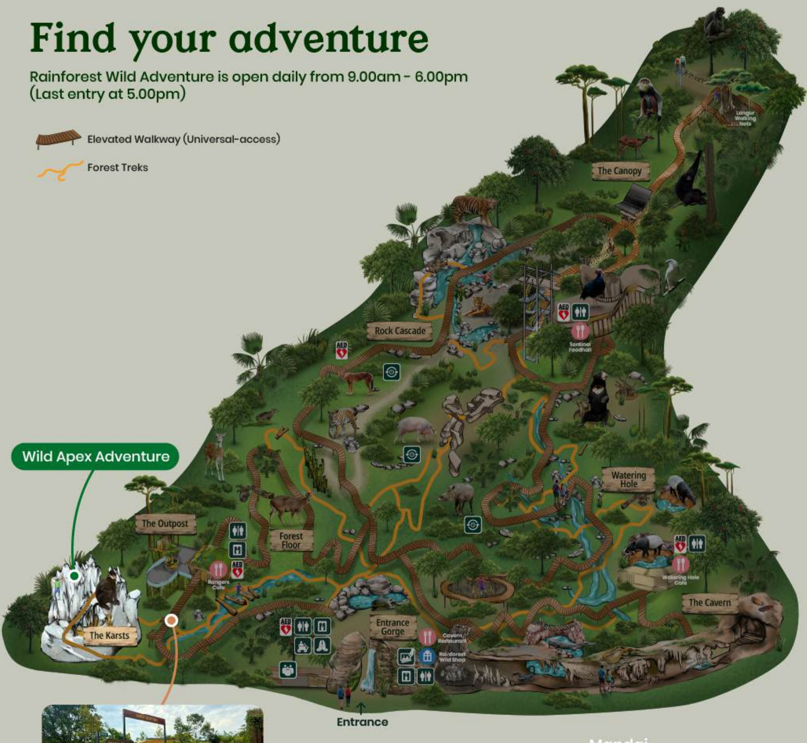
Wild Apex Adventure

Everything to know
before your Adventure!

Find your adventure

Rainforest Wild Adventure is open daily from 9.00am - 6.00pm
(Last entry at 5.00pm)

- Elevated Walkway (Universal-access)
- Forest Treks



Head down to the stairs here!

Scan to download
the Mandai App

Park Rules

- **Explore Safely**
  Stay on designated walking paths
- **Smoke-free Park**
  Designated smoking area is outside the park
- **Respect Wildlife and our Animals**
  No feeding and teasing of animals

✚ For assistance, call 6100 0694

Legend

- Toilet, Nursing Room & Accessible Toilet
- Water Refill
- Multi-faith Room
- Rental Services
- Flexible Habitats
- F&B
- Retail
- AED
- Guest & Member Services
- Photo Collection

Mandai
Rainforest Wild
Adventure

Wild Apex Adventure

Embark on an exhilarating harnessed adventure at heights!

While no prior experience is required, good general fitness is necessary to enjoy this adventure safely. Wild Apex Adventure is held completely outdoors, be prepared for sun and/or rain.

Briefing & harness up at The Karsts.

Practice clipping into the safety line and getting into position for abseiling.

Traverse and climb on metal rungs and ladders across the three Karsts.

Cross 2 suspended bridges high above the ground.

A good head for heights is required as you will be stepping on metal rungs with sheer vertical drops below.

Throughout the route, there are several viewpoints to spot the Francois' langurs. At the highest point of the Karst, you can also enjoy a panoramic view of the rainforest.

In the final stretch, you will be stepping off the Karst ledge for a controlled descent, aided by a mechanical device.

Date	**Daily***
Adventure Start Time	**9.00am - 1.00pm** **(every 30mins; last climb at 12.00pm)**
Duration	**2 hours**
Location	**The Karsts**
Meeting Point	**The Karsts** Be punctual to ensure you get the most out of your adventure. Should you arrive late, you may not be able to participate and we may move your booking to the next available slot, subject to availability.
Note	**All participants must complete the “Waiver and Consent form” on-site** Participants who are below 21 years old (as of D.o.B) must have the waiver completed by a parent or guardian. Without the completed waiver, you will not be able to participate.

*Please check website for latest information on scheduled closures

To participate in the Wild Apex Adventure, you MUST satisfy all the following criteria:

- Minimum height: 1.35m
  Maximum height: 2.1m
- Minimum weight: 20kg
  Maximum weight: 120kg
- Able to climb and descend ladders and walk on uneven terrain without any assistance
- Able to fit securely into the harness provided
- Not under the influence of any drugs or alcohol

For your own safety, you MUST NOT participate in the Wild Apex Adventure if you have/are:

- Pregnant
- Heart conditions
- High or low blood pressure
- History of neck, back, knee or ankle injuries or any other physical limitations
- Frail or brittle-boned
- Recovering from surgery or still in a cast or brace for support
- Susceptible to panic or anxiety attacks
- Pre-existing health or medical conditions

Conditions for a **SAFE** adventure experience:

- Sports attire and sports shoes are required
- Bring a water bottle
- Mobile phones must be properly secured
- No slippers, sandals or loose-fitting footwear
- No loose or dangling items and jewellery
- No sharp objects, selfie sticks or tripods are allowed

You must be in good health and free from any health or medical conditions, injuries or physical impairments. Please seek medical advice if uncertain.

Mandai Wildlife Group reserves the right at its sole discretion to stop your participation in the activity at any time.

Tips to a safe and enjoyable adventure

Be Punctual
Arrive on time to ensure you get the most out of your adventure. Should you arrive late, you may not be able to participate and we may move your booking to the next available slot, subject to availability.

Listen
Listen closely and always follow all instructions while on the adventure.

Challenge by choice
You are encouraged to step out of your comfort zones and try new challenges, choose what feels right for you. Speak to the supportive guides and they'll be happy to help you participate at your comfort level.

Power up with a light meal
Do eat a light meal to keep yourself energized throughout the adventure.

Be prepared for sun and rain
Rainforest Wild Adventure offers a fully outdoor experience, immersed in the lush rainforest environment. Bring sun protection for sunny days and rain gear for the occasional rainy showers to ensure you're ever ready for the adventure ahead!

Stay hydrated, bring a water bottle
The weather in Singapore is hot and humid. Keep yourself hydrated with your water bottle and water refill stations near the washrooms (except Sentinel Foodhall).

Wear sports shoes with good traction
The adventures may take you through forest treks which may be wet and muddy after rain. Get ready for mud if you are walking through them.

Animal chance encounters
You may get to encounter animals along your adventure. Be respectful and keep your distance.

FAQ

1. What should I wear or bring along?
You should be in sports attire with long pants and sport shoes. Long pants are recommended as to prevent scrapes or cuts from the rough surfaces. Water bottle is a must, preferably one with at least 750ml capacity.

2. Can I bring my phone?
An accessory pouch will be provided for you to safekeep your phone. For safety reasons, you may not remove your phone from the pouch unless it is safe to do so at various points along the adventure. Our adventure guides reserve the right to determine if a particular device can be brought along the adventure.

3. Can I bring my adventure camera?
Only adventure cameras safely secured on a wrist strap/band, and used on the non-master hand can be brought along for the adventure. Our adventure guides reserve the right to determine if a particular device can be brought along the adventure.

4. Can I wear sandals?
For your safety, only fully covered closed toe sports shoes are allowed.

5. Can I bring my own helmet and harness?
You must use our approved safety equipment. No other external equipment can be brought along and used.

6. Can my child go alone?
Please keep in mind that children may find the activity both physically and emotionally challenging. We strongly encourage adults to accompany children.

7. What if I am unable to complete my adventure? Can I get a refund?
Tickets are non-refundable. We advise you to assess your abilities to complete the adventure before making your purchase.

8. What happens in the event of bad weather?
The adventures will carry on in light rain but will be suspended during heavy rain and/or when lightning has been detected.

If you are already on the adventure, your guide will provide more information to safely descend and seek shelter.

If your adventure has not begun, the start time will be delayed. An alternative adventure may be provided, subject to availability.